

Stay Safe[®] System Facilitates Continued Employment Travel

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INTRODUCTION

Purpose: To provide guidelines regarding luggage use, communicating with both TSA and airlines, and packing items to ensure safe employment travel both domestic and internationally.

Background: We initially developed this system for a patient who travels around the globe as an international banker. His job has taken him throughout the U.S., Canada, Mexico, Puerto Rico and Europe logging over 100,000 miles since December 2008.

METHODOLOGY

- From experience, we determined the type and size suitcase that could accommodate both dialysate and ancillary supplies while remaining manageable for the patient.
- We developed a checklist to assist with the packing of dialysis supplies and ancillary equipment. The checklist includes back-up emergency contact information for the destination city.
- Our nephrologist drafted a letter to clearly describe the suitcase contents to the TSA and provide physician contact information, if needed.



Figure 1. Suitcase with Travel Supplies

PERITONEAL DIALYSIS TRAVEL CHECKLIST

- | | | |
|--|--|---|
| <input checked="" type="checkbox"/> Passport, if applicable | <input checked="" type="checkbox"/> Stay Safe Organizer | <input checked="" type="checkbox"/> Masks |
| <input checked="" type="checkbox"/> In Case of Emergency (I.C.E.) card | <input checked="" type="checkbox"/> Over-the-Door Hook | <input checked="" type="checkbox"/> Paper Towels (Pre-determined amount folded into zip lock bag) |
| <input checked="" type="checkbox"/> Hard Side Spinner Suitcase (Samsonite 26") | <input checked="" type="checkbox"/> Stay Safe Caps | <input checked="" type="checkbox"/> Clorox Wipes (small container) |
| <input checked="" type="checkbox"/> Travel Letter | <input checked="" type="checkbox"/> Ohaus Spring Scale | <input checked="" type="checkbox"/> Small Bottle of Hand Sanitizer |
| <input checked="" type="checkbox"/> BP Cuff (wrist cuff style from FMC) | <input checked="" type="checkbox"/> Stay Safe Drain Sets (used to drain prior to returning flight) | <input checked="" type="checkbox"/> Small Bottle of Antibacterial Soap |
| <input checked="" type="checkbox"/> Heating Pad (if traveling to cool climate) | <input checked="" type="checkbox"/> Delflex PD solution for Stay Safe System (up to 7 in a suitcase) | <input checked="" type="checkbox"/> Povidine-iodine Pads in Ziplock Bag |
| <input checked="" type="checkbox"/> Ultraclamp Tubing Clamp | | <input checked="" type="checkbox"/> Roll of Tape |

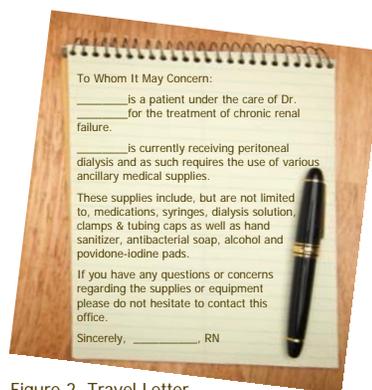


Figure 2. Travel Letter



Figure 3. Travel Supplies

CONCLUSIONS

- We have established a consistent, practical system.
- This travel system enables our patient to:
 - remain actively employed while performing CAPD,
 - meet his outcome goals and
 - exceed adequacy standards.

KEY LEARNINGS

- ✓ Dialysis does not have to mean the end of employment travel.
- ✓ By using a checklist designed from experience and the Fresenius Stay Safe system for CAPD our patient remains employed, healthy and active.
- ✓ We have expanded the use of our travel system for use by all of our traveling patients

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